

PSHCE in Year 3:

Being Me:

- I can explain how my behaviour can affect others.
- I can say why it is important to have rules and how it helps me and others to learn.

Celebrating Difference:

- I can describe different conflicts that might happen in family or friendship groups.
- I can tell you how being involved with a conflict makes me feel.
- I know how to deal with conflict - e.g. 'Solve It Together' or asking for help.

Dreams, Goals and Aspirations:

- I can explain the different ways that help me learn and what I need to do to improve.
- I am confident and positive about my successes.

Healthy Me:

- I can tell you how I can keep myself safe and healthy - including who to go to for help.
- I can express how being anxious/scared and unwell feels.

Relationships:

- I can explain how my life is influenced positively by people.
- I can explain why my choices might affect my family, friendships and people around the world who I don't know.

Changing Me:

- I can explain how boys' and girls' bodies change on the inside/outside as they grow up.
- I can explain the feelings that I have about the changes to me.

